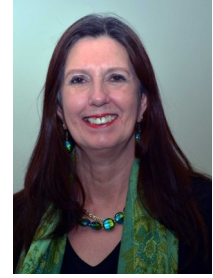




*Jan Gallon, Teaching School Lead at NTLEC,  
Regional Hub Lead and Trainer for the **Leading  
a Mentally Healthy School Programme**  
developed by Health Education England (HEE)  
and the School Development Support Agency  
(SDSA)*



# Leading a Mentally Healthy School

**For the benefit of students, pupils and staff, including strategies to  
inform future planning and the school improvement cycle**

Developing and embedding a school-wide culture of positive mental health practices for staff and pupils/ students, is critical to the whole education system and a central part of adopting a more holistic school approach to good mental health.

Whether you lead a school, a key stage, a curriculum area or another school team, this packed session will offer research-based information, ideas and plenty of opportunity to re-assess your role in leading a mentally healthy school.

Join this session if you want to:

Consider - what good mental health looks like.

Explore - the role of the school in supporting staff and pupils/students.

Question - why should we put good mental health at the heart of school improvement?

Analyse - the integration of mental health strategies into your own leadership/school role.

## **Relevant for all Key Stages**

**When:** Friday 4 October 2019

**Time:** We expect this to be a very popular course so are running two sessions:-

**1.30pm - 3pm**

**OR**

**3.30pm - 5pm**

**Where:** Management Suite, Thorpe St Andrew School and Sixth Form

**Cost:** £30

Refreshments will be provided

To book your place please email [ntlec@thorpe-st-andrew.norfolk.sch.uk](mailto:ntlec@thorpe-st-andrew.norfolk.sch.uk)